

## Bentworth Football Team Rules 2009

1. Attendance at all practices during the season is mandatory. If you miss practice for any non-approved reason, you will not dress for the Varsity or JV game scheduled during that week. The following are approved reasons for missing practice:
  - a. At a Doctor's appointment for evaluation of a football injury or the onset of an illness such as the flu/severe allergies/medical emergencies.
  - b. Family emergency/Death in the family
  - c. School related activity that runs into practice time: field trip, tutoring, making up a test.
2. If you have to miss practice for any of the above reasons, you **MUST** contact Coach Rood, Coach Shaulis, Coach Niziol, or Coach Santoro to let them know you will not be there. Coach Rood's cell phone # is 724-493-2582, you can call or text him. You can also e-mail him at [coachrood@bentworthfootball.com](mailto:coachrood@bentworthfootball.com). You can contact Coach Shaulis and Coach Niziol in the school. Coach Santoro will make his number available to his position players.
3. Players are expected to conduct themselves in a proper manner in school showing respect to their teachers, classmates, administrators and all other school personnel. Failure to uphold these standards will result in disciplinary action by the coaches that could include extra conditioning, suspension or removal from the team should the severity of the actions be warranted.
4. Players are also expected to conduct themselves in an appropriate manner in public. Do not do anything to embarrass your Team, School, Teammates, Coaches, or Parents. Failure to uphold these standards will result in disciplinary action by the coaches that could include extra conditioning, suspension or removal from the team should the severity of the actions be warranted.
5. Players are expected to conduct themselves in the proper manner during practices and the games as well. Good sportsmanship is expected as is respect for your own coaches, teammates, the officials, opposing players and coaches, and the fans. Poor sportsmanship, out of control behavior and lack of respect to those listed above will not be tolerated. Failure to uphold these standards will result in disciplinary action by the coaches that could include extra conditioning,

suspension or removal from the team should the severity of the actions be warranted.

6. There will be no hazing allowed or tolerated on the Bentworth football team. All players should treat each other with respect. Any indications of hazing will be dealt with harshly. Failure to uphold these standards will result in disciplinary action by the coaches that could include extra conditioning, suspension or removal from the team should the severity of the actions be warranted.
7. Players are expected to maintain good grades and behavior in the classroom. It is the player's responsibility to make sure that they are keeping up with their academic requirements in order to maintain their eligibility. If a player is having difficulty in a subject they should seek extra help (tutoring) from the subject teacher or contact their coaches to see if extra help can be arranged. If tutoring is needed after school, it will not count against the player if they have to be late for practice. Academics must come first.
8. The coaches will deal with all violations of the rules on an individual basis consulting with the Athletic Director and Principal if necessary, to make sure that the rules and regulations of the Bentworth School District are being followed.
9. If you have any questions please contact Coach Rood using the information listed in point 2.